










Metagenics

Healthy Ageing Questionnaire

Patient Name: Christina Pirie
Gender: Female
Age: 39
Patient Section: 31-October-2012
Practitioner Section: 28-November-2012
Practitioner Name: CHRISTINA PIRIE

Biomarker Index:
33.9

Priority:	■ Low	■ Medium	■ High
Section 1: Diet	LOW	-0.8 	
Section 2: Lifestyle	LOW	-1.2 	
Section 3: Psychosocial Wellbeing	LOW	0.0 	
Section 4: Mental Wellbeing	LOW	0.0 	
Section 5: Body Composition	LOW	-1.2 	
Section 6: Cardiometabolic Health	LOW	-1.6 	
Section 7: Neuroendocrine Health	LOW	0.0 	
Section 8: Immunity & Inflammation	LOW	-1.2 	
Section 9: General Health	MID		+0.8 
Total	LOW	-5.1 